**CEC - BIOGRAPHIES**

***CEC Bio – Short (81 Words)***

Familiar as an old friend; comfortable as a memory; unexpected as a dream. CEC’s music is the deep sigh of release after recognizing that you’ve been holding your breath for no reason at all. CEC uniquely blends contemporary RnB and neo-soul while writing in both English and Spanish.

The Treaty One-based artist and producer believes that people are attracted to authenticity. They channel confidence when expressing their true self, which is why they feel liberated in writing more explicitly queer music.

***CEC Bio – Mid (160 Words)***

Familiar as an old friend; comfortable as a memory; unexpected as a dream. CEC’s music is the deep sigh of release after recognizing that you’ve been holding your breath for no reason at all. CEC uniquely blends contemporary RnB and neo-soul while writing in both English and Spanish.

An artist and producer from Treaty One Territory (Winnipeg), CEC has lived in Canada, the US, and Spain. They believe that people are attracted to authenticity, and that confidence comes from expressing their true self, which is why they feel liberated in writing more explicitly queer music.

They’re heavily influenced by the work of 70s soul artists such as Curtis Mayfield and Marvin Gaye, and more contemporary artists such as Yussef Dayes, Daniel Caesar, and Lianne La Havas. One of the RBCxMusic First Up artists of 2022, CEC’s music is distinguishable by its slow groove, intimate lyrics, and soaring vocal layers, drawing comparisons to Toni Braxton, Charlotte Day Wilson, and Meshell Ndegeocello.

***CEC Bio – Long (229 Words)***

Familiar as an old friend; comfortable as a memory; unexpected as a dream. CEC’s music is the deep sigh of release after recognizing that you’ve been holding your breath for no reason at all. CEC uniquely blends contemporary RnB and neo-soul while writing in both English and Spanish. The Treaty One-based artist and producer believes that people are attracted to authenticity, and that confidence comes from expressing their true self, which is why they feel liberated in writing more explicitly queer music.

CEC is heavily influenced by the work of 70s soul artists such as Curtis Mayfield and Marvin Gaye, and more contemporary artists such as Frank Ocean, Yussef Dayes, Daniel Caesar, and Lianne La Havas. They have been trained by GRAMMY-winning mix engineer Leslie Brathwaite and are passionate about working with underrepresented and emerging artists, especially BIPOC, 2SLGBTQIA+, gender minorities, low income, immigrant, and disabled artists. CEC volunteers with Good + Plenty Producer's Club by knowledge sharing, grant-writing, event planning, and organizing and holds a Master of Arts in Music & Culture.

One of the RBCxMusic First Up artists of 2022, CEC’s music is distinguishable by its slow groove, intimate lyrics, and soaring vocal layers, drawing comparisons to Toni Braxton, Charlotte Day Wilson, and Meshell Ndegeocello.

Fun Fact: CEC has played university hockey in the US (Dartmouth) and Canada (Carleton) and competed internationally with the Spanish National Team.